

This is a good example of zugzwang.

(From Wikipedia: A player is said to be "in zugzwang" when any possible move will worsen their position.)

1. ... b3
1. Bxe2 Nxe2 White is lost.

1. ... b3
2. Kxc3 e1=Q+ White is lost.

1. ... b3
2. Bf5 b2
3. Bd3 Ka2
4. Bc4+ Ka1
5. Bd3 b1=Q
6. Bxb1 Kxb1 White is lost.